

# Summer MENU

## Breakfast

Toasted currant teacake (v)	£1.50
Toasted cinnamon bagel (v) with honey and butter	£2
Avocado toast (v)	£5
Bacon or sausage sandwich	£4.50
Smoked salmon and cream cheese bagel choice of plain or onion bagel	£7
American pancakes with smoked bacon, blueberries, maple syrup and crème fraîche	£6.50
Yoghurt (v) with granola and summer berry compote	£4.50
Vegetarian breakfast (v) choice of poached, scrambled or fried egg, vegetarian sausage, spinach, mushrooms, beans, tomato, toast	£8
Full English breakfast choice of poached, scrambled or fried egg, bacon, sausage, black pudding, mushrooms, beans, tomato, toast	£8

## Eggs

Two eggs (poached, scrambled or fried) (v) with sourdough toast	£6
Two boiled eggs (v) with buttered soldiers	£4.50
Eggs Benedict (ham) / Eggs Royale (salmon) / Eggs Florentine (v) (spinach)	£7
Two poached eggs with avocado toast (v)	£7
Smoked salmon and scrambled eggs with sourdough toast	£7
Omelette (any two fillings) choice of ham, salmon, mushroom, cheddar, goats cheese, spinach	£6.50

## Light Bites & Starters

Soup of the day	£5
Tomato bruschetta with fresh tomatoes, onion and basil (v)	£5
Smoked salmon with brown bread and butter	£6
Prawn cocktail	£6
Chicken liver paté on sourdough toast	£6

## Salads

Parma ham and burrata salad with figs, rocket and lemon honey dressing	£8
Tuna niçoise salad with new potatoes, egg, black olives and green beans	£10
Buffalo mozzarella, tomato and basil salad (v)	£8
Beetroot, baby spinach and goats cheese salad (v) with toasted walnuts and lemon mustard dressing	£8

## Sandwiches

Pulled pork with spicy slaw	£7
Beef brisket with rocket and horseradish mayonnaise	£7
Roast ham and cheddar	£7
Prawns with rocket and light lemon mayonnaise	£7
Chickpea falafel with avocado, pumpkin seed and pickled radish salad (v)	£7
Tuna melt	£7
Welsh rarebit with smoked bacon	£7
Grass Roots Club Sandwich	£8
chicken, bacon, egg, lettuce, tomato, mayonnaise	
Soup and any sandwich	£10

Allergy Advice: If you have any questions on ingredients or need allergy advice, please ask a member of staff.

## Mains

Lamb steak marinated with garlic and rosemary served with hasselback potatoes and a rustic ratatouille	£10
Salmon and prawn risotto	£10
Grass Roots Beef Burger with any two toppings served on a brioche bun with a choice of bacon, mushroom, avocado, cheddar, blue cheese	£8
Grilled chicken breast with rocket and spicy salsa served on a multiseed bun	£8

## Side Orders

Crispy fries	£2.50	Green beans	£2.50
Sweet potato fries	£2.50	Spinach with garlic	£2.50
		Sautéed mushrooms	£2.50

## Brymor Ice Creams & Sundaes

Ice cream (2 scoops) choice of vanilla, strawberry, chocolate, mint choc chip, rum & raisin, honeycomb, ginger, fudge brownie, praline pecan, black cherry	£4
Strawberry sundae	£6
Banana split	£6
Chocolate brownie sundae	£6

## Afternoon Tea

Per person	£10
Add a glass of prosecco	£4

## Ice Cream Milkshakes

vanilla, strawberry or chocolate	£4
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## Teas by Taylors of Harrogate

choice of Yorkshire, decaffeinated, English breakfast, Earl grey, Darjeeling, Assam, Green, Peppermint, Camomile, Lemon & Ginger	£1.60
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## Coffees by Monmouth

Espresso	£2
Americano	£2.50
Latte	£2.50
Cappuccino	£2.50
Mocha	£2.50
Hot chocolate	£2.50
Iced Latte	£2.50
Iced Mocha	£2.50

all available with whole, semi-skimmed or soya milk

## Water & Soft Drinks

Hildon still or sparkling water	£2
Juice choice of orange, apple, pineapple or pink grapefruit	£2.50
Fentiman's choice of Cola, Dandelion & Burdock, Victorian Lemonade, Rose Lemonade, Seville Orange, Lime & Jasmine, Lemon Shandy	£2.50
Luscombe Organic (Wild Elderflower, Raspberry, Blueberry, Cranberry, St Clements, Sicilian Lemonade, Damascene Rose, Cool Ginger Beer, Hot Ginger Beer, Carrot & Orange)	£2.50

## Beers and Wines by the Glass

(Regular £3.50 / Large £4.50)	
White (Sauvignon blanc or Chardonnay)	
Rose	
Red (Shiraz)	
BadCo Beers	